

| | Winner | Runner-up |
|------|-----------------|--------------------|
| 2017 | Discontinued | |
| 2016 | Middlesbrough A | Northallerton |
| 2015 | Brotton | Guisborough Priory |
| 2014 | Borough Park | Brotton |
| 2013 | Middlesbrough A | Guisborough Priory |
| 2012 | Middlesbrough A | Jack Hatfield |
| 2011 | Middlesbrough A | Borough Park |
| 2010 | Middlesbrough A | Brotton |
| 2009 | Brotton | Smith's Dock |
| 2008 | Middlesbrough A | Pallister Park |
| 2007 | Middlesbrough A | Guisborough Priory |
| 2006 | Borough Park | Northallerton |
| 2005 | Middlesbrough A | Brotton |
| 2004 | Guisborough KGV | Albert Park |
| 2003 | Middlesbrough A | Brotton |
| 2002 | Middlesbrough A | Saltburn |
| 2001 | Middlesbrough A | Saltburn |
| 2000 | Middlesbrough A | Northallerton |
| 1999 | Middlesbrough A | Northallerton |
| 1998 | Northallerton | Middlesbrough A |
| 1997 | Middlesbrough A | Guisborough KGV |
| 1996 | Guisborough KGV | Smith's Dock |
| 1995 | Marske A | Middlesbrough A |
| 1994 | Saltburn | Thornaby |
| 1993 | Middlesbrough A | Marske A |
| 1992 | Guisborough KGV | Marske A |
| 1991 | Guisborough KGV | Northallerton |
| 1990 | Middlesbrough A | Northallerton |
| 1989 | Albert Park | Guisborough Priory |
| 1988 | Guisborough KGV | Albert Park |
| 1987 | Guisborough KGV | Albert Park |
| 1986 | Middlesbrough A | Guisborough KGV |
| 1985 | Smith's Dock | Guisborough KGV |
| 1984 | Guisborough KGV | Guisborough KGV |
| 1983 | Middlesbrough A | Zetland Park |